LAKE SHORE PHYSICAL EDUCATION SYLLABUS

Each quarter will consist of two different activity units that the students will partake in. The students will be assessed using the following three criteria:  
  
**1. Written Quizzes-** All students will complete a short quiz during their remote

day. The quiz will measure their knowledge of rules, safety, strategy, terminology, and scoring of the activities in that unit. The quizzes will consist

of 25 questions and be worth 25% of the quarterly grade.

1. **Preparation and Participation-** The students will have the ability to earn 25 points by being prepared and participating. This will account for 25% of their quarterly grade. Students will not change in locker rooms so bringing sneakers will constitute being prepared. The following daily scale will be used:

- Prepared and participate and make positive contribution to the class = 5 points

- Unprepared yet still participate = 2.5 points

- Unprepared and no participate = 0 points

- Prepared and no participate = 0 points

- Absent = 0 points

- Skip class = 0 points and the class CANNOT be made up

**3. Skill Rubric-** The following rubric will be used to assess how well the student performs within the New York State Standards in each of the activity units. The students will have the ability to earn 50 points which will account for 50% of their quarterly grade.

50 = Excellent

40 = Above Average

30 = Average

20= Below Average

10 = Poor

***NYS Standards for PE***

1. Students will have the necessary knowledge and skills to establish and maintain physical fitness, participate in physical activity, and maintain personal health.
2. Students will acquire the knowledge and ability necessary to create and maintain a safe and healthy environment.
3. Students will understand and be able to manage their personal and community resources.

**Units to be taught:**

Team Sport Healthy Living

Soccer Walking

Golf Games Tennis

Basketball Fitness

Badminton Badminton

**Google Classroom Remote Mondays:**

Each Monday, the Physical Education staff will be available for instructional assistance during the following times:

8:00 - 8:45 AM 11:00 – 11:45AM 2:00 – 3:00PM

The code for the Google meet will be posted on the respective teachers Google Classroom page.

**Credits and Graduation Requirements:**

If the student takes Physical Education for one full year and meets every other day they have the ability to earn ½ of a credit. In order to graduate, the student must have two credits in Physical Education.

**Makeup policy:**

If all goes according to plan, we will resume Makeup classes on Monday 9/21/20.

**Electronic devices:**

* Electronic devices/phones are not allowed during class in the PE area.
* Headphones/earbuds are not allowed in any capacity in the PE area.

**Additional Rules:**

* Masks must be worn at all times unless directed otherwise.
* No changing of clothes in locker room this year, bathroom breaks will be taken two people at a time at the beginning and the end of class.
* Daily attendance will be taken on taped spots on the gym floor.
* Students will not be permitted to share equipment, after use, equipment will be sanitized.